## Musing on multidisciplinary diagnosis

San Francisco June 2015

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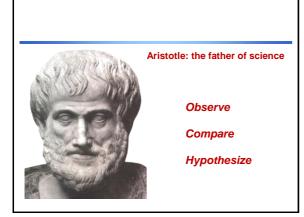
AUW has received consultancy or lecturing fees from Actelion, Bayer, Boehringer Ingelheim, Centricorp, Chiesi, Genentech, Gilead, Intermune, Medimmune, Novartis, Takeda

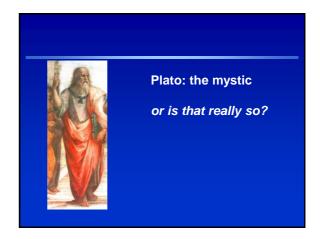
#### Musings.....

- · A philosophical basis
- The MD ethos: how pathologists think?
- MD diagnosis and IPF guidelines
- HP and unclassifiable disease
- An ERS Task Force view
- · Personality and MD diagnosis
- MD diagnosis: a potent research tool

#### **Views of perception**

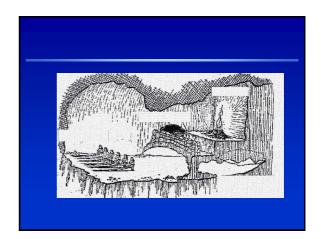
- · The universe as a sea
- The Aristotelian view: what matters is observing the waves and deducing what lies below the surface
- The Platonic view: what matters is the depths below the surface: do not be seduced by the waves





#### Plato: the theory of forms

- There exists an ideal world with an ideal cat and an ideal dog...
- This ideal world casts "shadows" and what we perceive in the material world are shadows of the ideal world



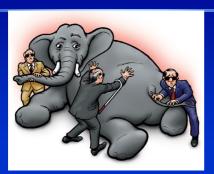
## Plato's ideal world does not exist

But in science, things that do not exist may be essential concepts ......

#### The theory of forms

- In diffuse lung disease, we search for an ideal statement of the essence of disease
- All statements are imperfect
- · We have shadows.

#### **Multidisciplinary diagnosis**



Why histological evaluation is a shadow and not a diagnostic gold standard......

#### George Santayana (1863-1952)

"Those who cannot remember the past are condemned to repeat it"

"Those who forget the errors of history are doomed to repeat



#### How this might play out in IPF

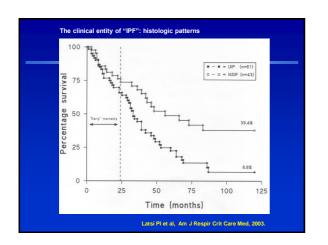
- In 1999, IPF was viewed as a single disease
- In 2015, IPF is viewed as a single disease
- But it was not the same disease: histo-pathologists had defined NSIP and this entity made clinical and radiologic sense
- In 2029, we will still have a disease called IPF but it will be a different disease

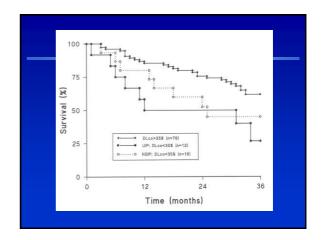
But given this constraint, can we view histopathology from a surgical biopsy as a diagnostic gold standard on other grounds?

Essentially, there are no diagnostic gold standards in interstitial lung disease: biopsy is merely the most argentiferous of a number of diagnostic silver standards

#### Biopsy in severe disease

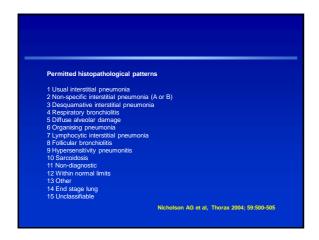
- Risk/benefit ratio
- Risk increases as gas transfer falls below 30-35%
- Prognostic value diminishes as gas transfer falls below 30-35%%





## Sampling error UIP/NSIP: heterogeneity between biopsies Large cohort of IPF/NSIP cases with two biopsies 50% concordant UIP; 25% concordant NSIP; 25% discordant Discordant cases had the outcome of UIP RBH data broadly compatible Flaherty KR et al. AJRCCM 2001; 164:1722-1727

# At the time of the Nicholson 2004 study, a curious paucity of ILD studies This probably reflected a wish by all to view histology as a security blanket The paper had a very mixed reception at review but eventually found a home in *Thorax*133 biopsies scored in 97 patients Nicholson AG et al, Thorax 2004; 59:500-505



	"Eni	numera	ling now	pathologists think"
_				
1	NK	2B	2	2B(85) 1(15)
П	NK	2B	3	2B(50) 1(10) 11(40)
2	RLL	1	1	1(100)
	RUL	2B	3	2B(60) 1(40)
3	RLL	4	3	4(50) 11(50)
	RUL	4	3	4(50) 11(50)
4	NK	1	1	1(100)
5	LLL	9	2	9(70) 2A(20) 6(10)
	LUL	2A	3	2A(50) 9(50)
6	RLL	9	3	9(60) Bronchiolitis (40)
	RUL	1	3	1(50) 9(50)
7	RML	9	3	9(60) 2B(30) 3(10)
	RLL	2B	2	2B(70) 1(30)
8	LLL	9	1	9(95) 10(5)
	LUL	9	1	9(95) 10(5)

## Inter-observer agreement: 10 regional UK pathologists

First choice diagnosis

k = 0.38

When diagnosis confident

k = 0.50

When diagnosis not confident

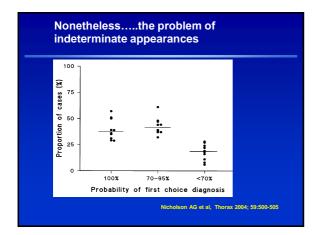
k = 0.22

Note: these are pathologists with an <u>interest</u> in DILD

Nicholson AG et al, Thorax 2004; 59:500-505

## These results are better than might appear

- Often, patterns are a very close call: two pathologists should expect to disagree when likelihoods are close to 50/50
- Confidence increases agreement and can be stated by the pathologist
- At that time, people were still coming to terms with the entity of NSIP ("Nobody Said It's Perfect")



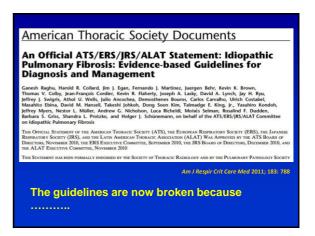
Biopsy alone was patently insufficient in many cases......

#### Historical approaches to diagnosis

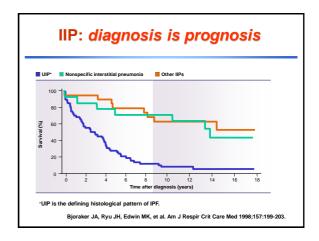
- Biopsy all patients: therein lies diagnostic truth.
   Clinical reasoning has no role
- View all IIP as essentially the same disorder: "cyptogenic fibrosing alveolitis". Clinical reasoning has no role.
- HRCT provides "truth data". Clinical reasoning has no role

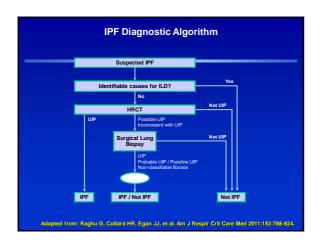


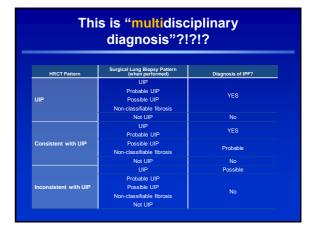






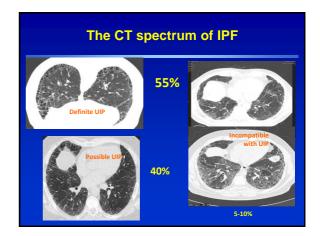






## In IPF, guidelines work if the answer to one of these questions is "yes"

- Can IPF be diagnosed using HRCT in almost all cases?
- If not, is a biopsy diagnosis in virtually all cases realistic when HRCT fails?
- If not, is the same broad management appropriate for all realistic differential diagnoses?



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#### **Contraindications to biopsy**

Severity

Age

Comorbidity

Lack of timely access

**Patient disinclination** 

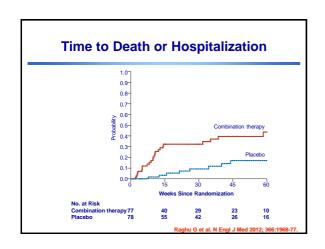
The ATS/ERS/JRS/ALAT recommendation to biopsy "possible UIP" can be carried out in perhaps 15% of cases

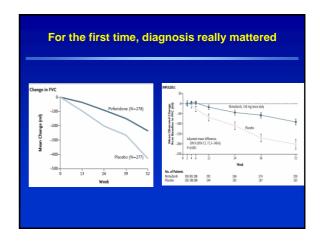
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## Does the same treatment approach work for IPF, NSIP and chronic HP?

- Before the PANTHER study, the answer was "yes"
- Triple therapy seemed to be broadly reasonable for all three diagnoses
- The guideline worked OK in clinical practice
- Commendable rigour in IPF diagnosis for trial purposes





## The ATS/ERS diagnostic guideline in 2015

40-50% of IPF patients have unclassifiable

In these patients, clinicians now have to guess whether to manage as for IPF or for the alternative diagnoses

The solution is clinical reasoning

IPF diagnoses for drug trials requires standardised data and the exclusion of all information that is not available in all cases i.e. HRCT dominates

By contrast, IPF diagnoses in clinical practice require the integration of all available data in every individual

Therefore, the designation of possible/ probable IPF from guidelines does not capture possibilities and probabilities in clinical practice.

#### **Background to an ERS Task Force**

- Our goal should be to reach a "working diagnosis of IPF" by the use of logic and review of all data in a multidisciplinary setting
- Rigid diagnostic criteria cannot work because the permutations of available data are vast
- We can, however, define the data set that should ideally be considered

#### "A working diagnosis of IPF"

- That level of diagnostic likelihood such that in an individual case, IPF-specific therapy is the only logical intervention
- In fact, all "definite" IPF diagnoses are, in reality, working diagnoses and so are many "probable" IPF diagnoses.
- A rigid view of when IPF is "definite" and when IPF is "very probable" may not help us

#### A working multidisciplinary diagnosis of IPF

- BAL and disease behaviour should influence making a working diagnosis of IPF
- HRCT should no longer occupy the central diagnostic ground
- Instead: three multidisciplinary algorithms with HRCT as the starting point of each pathway and a minimum data set defined







#### How often does CHP mimic IPF?

In current guidelines, a typical UIP pattern on HRCT equates to IPF in the correct clinical context

 Series in which consecutive patients diagnosed with IPF, meeting ATS/ERS criteria, were reviewed

•Critical evaluation of possible occult HP based upon antigen positivity, bronchial provocation testing and review of biopsy

Morell F et al, Lancet Respir Med 2013, 1:685-94

Methods In this case-cohort study, 60 consecutive patients diagnosed with IFF on the basis of the 2000 American Thoracic Society (ATS) and the European Repitatory Society (ESS) criteria were prospectively followed up every 4 months for 6 years between Jan 1, 2004, and Dec 51, 2009. At each visit a uniformly applied questionnaire was administered to these of pointents to dentify concentrations, benches clear large responses towers to cause by presentably procumonits. Patients underwent specific IgC determination, benches deviar lavage, bronchaid challenge sesting with suspected analogues, and review of this symbological features in extining and unsequently distantly surpless and from hing unphase. Specimons obtained from suspected sources from the patients quistoment were subsequently diagnosed.

Interpretation Almost half of patients diagnosed with IPF on the basis of 2011 criteria were subsequently diagnosed with chronic hypersensibility pneumonitis, and most of these cases were attributed to exposure of occult arian antigens from commonly used feather bedding, Our results relect findings in one centre with recognised expertise in chronic hypersensibility pneumonitis, and further research and studies at other centres are warranted.

Panel 1. Diagnostic criteria for chronic hypersensibility pneumonitis.

Chronic kypersensibility posumonitis can be diagnosed in patients with clinical and high-secultors of Endings of usual interestrial personnels or indepathic pulmonary febroris meeting any one of the following three criteria.

Prolits be bounded shallings income from the following three criteria.

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Prolits be bounded shallings income from the following three criterias.

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#### Some reservations about diagnoses

- In 16/20 CHP cases, some support from biopsy
- However, much emphasis on immunological signal
- However, likely that CHP diagnoses had been missed in many cases

# The elephant in the room: patients who do not fit into a classification The right there in the room, and no one even acknowledges me. The New Yorker, at 18/06

#### The problem of diagnostic overlap

- Diagnostic criteria do not capture all observed disease
- Many patients lie outside Categories



 Bywaters' Cheshire Cat syndrome: often we see the smile of the Cheshire cat but not the cat itself

#### Unclassifiable disease

- Sometimes incomplete data, sometimes overlap between entities, sometimes no clear first choice diagnosis
- Some have opposed a formal entity of unclassifiable disease as it allows clinicians to be lazy
- Does multidisciplinary diagnosis reduce the likelihood of unclassifiable disease?

ORIGINAL ARTICLE
INTERSTITIAL LUNG DISEASE

Prevalence and prognosis of unclassifiable
interstitial lung disease

Christopher J. Ryerson<sup>1</sup>, Thomas H. Urbania<sup>2</sup>, Luca Richeldi<sup>3</sup>, Joshua J. Mooney<sup>4</sup>,
Joyce S. Lee<sup>4</sup>, Kirk D. Jones<sup>5</sup>, Brett M. Elicker<sup>2</sup>, Laura L. Koth<sup>4</sup>,
Talmadge E. King Jr<sup>4</sup>, Paul J. Wolters<sup>6</sup> and Harold R. Collard<sup>4</sup>

Eur Respir J 2013; 42: 750–757 | DOI: 10.1183/09031936.00131912

#### **Features of series**

- Large retrospective series of 1370 patients
- Disease unclassifiable in 10% of cases
- Unclassifiable disease the fourth most prevalent entity
- This series built with an ethos of routine diagnostic biopsy, pre MD diagnosis

## Biopsy viewed as diagnostic gold standard

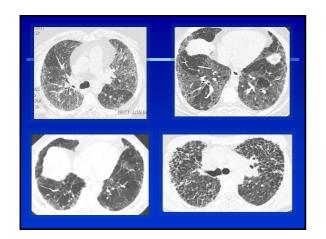
"To have a biopsy is to have a diagnosis"

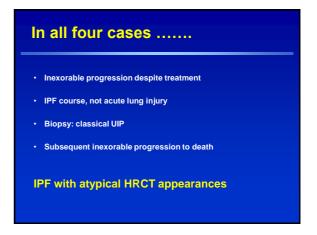
Reasons for unclassifiable ILD
Too old or frail for lung biopsy 68
Conflicting clinical, radiological and 24
pathological data
Mild or stable disease 12
Insufficient tissue on lung biopsy 11
Declined biopsy 10

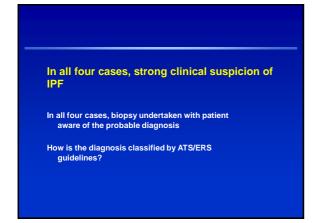
 This presupposes that a) biopsy = truth data; and b) a biopsy can almost always be performed

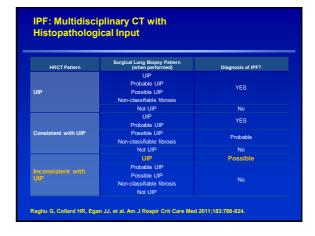
## How does multidisciplinary diagnosis help?

- The prevalence of unclassifiable disease rises whenever there is an articulate and out-spoken radiologist on site
- EJ Potchen once observed that "the only utility of a diagnostic test (or guideline) is to reduce confusion"
- Multidisciplinary diagnosis often increases confusion
- But it is a necessary confusion.......





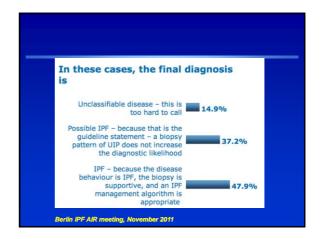




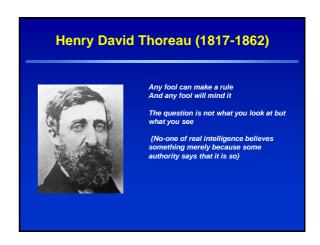
Unclassifiable disease – this is too hard to call

Possible IPF – because that is the guideline statement – a biopsy pattern of UIP does not increase the diagnostic likelihood

IPF – because the disease behaviour is IPF, the biopsy is typical, and an IPF management algorithm is appropriate







But let us consider the growing power of radiologists

HRCT appears to be a new gold standard – a diagnosis of IPF cannot be made if HRCT appearances are atypical

Amongst radiologists that you are exposed to, you have confidence in reports on the likelihood of IPF made be

1. All radiologists

2. The majority of radiologists

3. A large minority (1/3-1/2) of radiologists

4. Less than a third of radiologists

Accuracy of radiological diagnoses....

Amongst radiologists that you are exposed to, you have confidence in HRCT reports on ILD made by

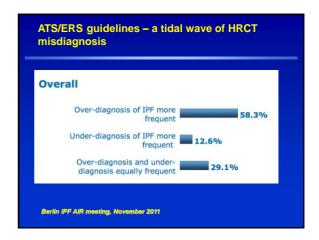
All radiologists 1.9%

The majority of radiologists 13.3%

A large minority (1/3 to 1/2) of radiologists 28.6%

Less than a third of radiologists 56.2%

Berlin IPF AIR meeting, November 2011



#### A tidal wave of HRCT misdiagnosis

- Guideline recommendations that are complex and require reading of small print are, in reality, written for experts
- Experience has demonstrated that the majority of radiologists cannot apply the current HRCT diagnostic recommendations
- · This is a MAJOR problem

### True MD diagnosis is not governed by inflexible rules

- It consists simply of review of all relevant data in each individual patient
- No formula can be written for this process because the level of data varies so strikingly in each patient
- The process is one of logic and commonsense
- The true value of MD diagnosis is bringing together trained minds in order to reconcile and debate

The warp and the weft of multidisciplinary diagnosis

#### A metaphor for diagnostic practice





Warp = the bedrock (e.g. guidelines for diagnosis)

Weft = everything that is individual in patients and in
multidisciplinary groups....... personality

## Doctors are the most competitive people on this planet

- · The opening stanzas in guideline groups.....
- The Professor of Consensus Agreement
- How can one combat this to achieve an outcome?
- How do multidisciplinary groups ever get started?`

#### In the end, banter is the key

Politeness is the poison of collaboration

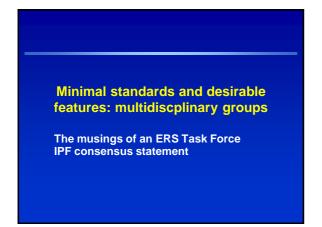
**Edwin Land** 

As always in a musical collaboration, one has to like each other – as simple as that

Klaus Schulze

Many ideas grow better when transplanted into another mind than in the one where they sprung up

**Oliver Wendell Holmes** 





MDD: a potent research tool

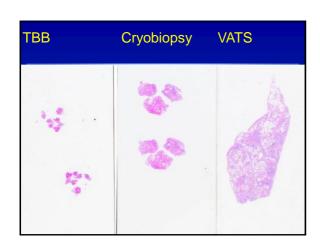
Cryobiopsy: background

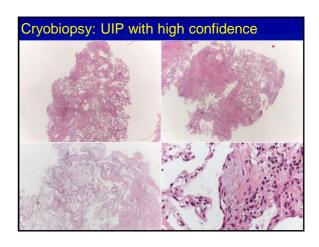
Transbronchial biopsy: inadequate in IIPs - strong -ve recommendation in 2011 IPF guideline

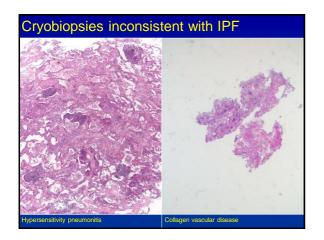
With a freezing technique, able to achieve much larger biopsies (technique of Juergen Hertzel)

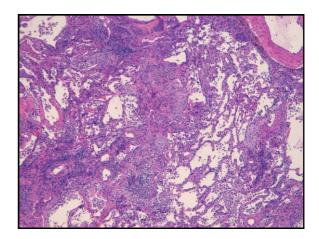
Four to six biopsies routinely taken

My thanks to Venerino Poletti for the slides that follow









## Prospective study of transbronchial lung cryobiopsy

- 69 cases
- Three pathologists (Cavazza A, Colby TV, Rossi A)
- Pathologists highly confident that material sufficient to define pattern in 52 of 68 cases (76%), including 36 patients with a pattern of UIP
- Excellent agreement between pathologists on the presence of a UIP pattern (kappa = 0.83)
- TBLC in the diagnosis of fibrotic ILD appears safe and feasible and may offer an alternative to SLB – this requires further studies

Casoni GL et al. PLoS One 2014; e86716.

#### **Issues**

- Mortality in three series and >400 patients,
   1%
- Pneumothoraces in over 20% but beleeding rare with central biopsies
- Prognostic value yet to be quantified

The diagnostic accuracy of bronchoscopic lung cryobiopsy in the multidisciplinary diagnosis of idiopathic pulmonary fibrosis.

Sira Tomassetti A, Mult Weds', Utrich Contabel; Alberto Govazza +, Thomas V Colly +, Giulio Rossi +, Nicola Sversellut \*, Angodo Carloni +, Bilsa Carretta \*, Matteo Bucciol +, Poola Tantalocco +, Gian Loco Cassow, Claudia Recaglia\*, Christan Gurrolli +, Alessandra Dubloti \*\*, Sara Petucchi \*\*, Joy H Ryu \*\*, Venerino Poletti\*.

TABLE 1. Clinical and radiologic characteristics of the two groups of patients undergoing bronchosopic lung cryobiopsy (BLC) or surgical lung biopsy (SLB). p-value Cases, N (%) 58 (50) 59 (50) Age, median (range) 59 (29-77) 59 (34-74) 0.893 Males, N (%) 27 (47) 28 (47) 0.756 Cigarette current/former/never, N (%) 4/25/30 (7/42/51) 0.271 FVC, % , median (range) 81 (27-133) TLC, %, median (range) 75 (46-105) 76 (26-123) 0.763 DLco, %, median (range) 55 (29-76) 55 (29-106) 0.823 02 use, N (%) 1(2) 3 (6) 0.59 Abbreviations: FVC, forced vital capacity; TLC , total lung capacity; DLco, carbon-monoxide diffusion coefficient; O2 use, supplemental oxygen use at rest (any flow rate).

## Methodology Step 1: Diagnosis by individual specialist Step 2: Consensus of clinicians/radiologists Step 3: Add BAL: diagnosis by individual specialists Step 4: Consensus of all Step 5: Add histology Step 6: Consensus of all Step 7 & 8: Follow-up data

